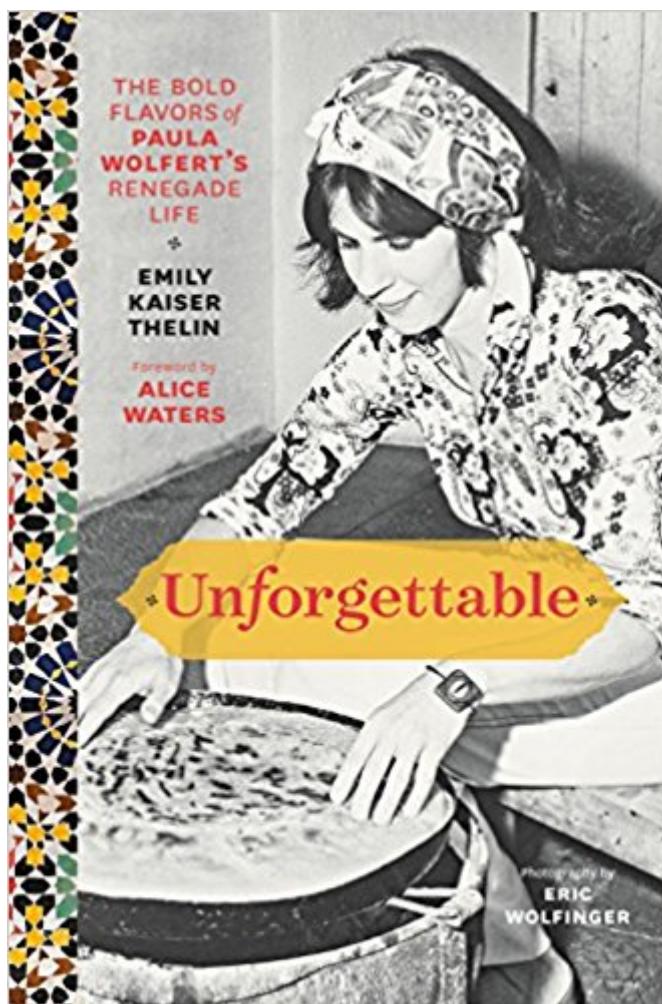


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# Unforgettable: The Bold Flavors Of Paula Wolfert's Renegade Life



## Synopsis

Unforgettable tells the story of culinary legend and author of nine award-winning cookbooks, Paula Wolfert, who was diagnosed with Alzheimer's in 2013. This biographical cookbook written by Emily Kaiser Thelin and photographed by Eric Wolfinger, shares more than fifty of her most iconic dishes and explores the relationship between food and memory. The gripping narrative traces the arc of Wolfert's career, from her Brooklyn childhood to her adventures in the farthest corners of the Mediterranean: from nights spent with Beat Generation icons like Allen Ginsberg, to working with the great James Beard; from living in Morocco at a time when it really was like a fourteenth century culture, to bringing international food to America's kitchens through magazines and cookbooks. Anecdotes and adventuresome stories come from Paula's extensive personal archive, interviews with Paula herself, and dozens of interviews with food writers and chefs whom she influenced and influenced her—including Alice Waters, Thomas Keller, Diana Kennedy, AndrÃ© Daguin, and Jacques Pepin. Wolfert's recipes are like no other: each is a new discovery, yielding incredible flavors, using unusual techniques and ingredients, often with an incredible backstory. And the recipes are organized into menus inspired by Wolfert's life and travels—such as James Beard's Easy Entertaining menu; a Moroccan Party; and a Slow and Easy Feast. Unforgettable also addresses Wolfert's acknowledgement of the challenges of living with Alzheimer's, a disease that often means she cannot remember the things she did yesterday, but can still recall in detail what she has cooked over the years. Not accepting defeat easily, Wolfert created a new brain-centric diet, emphasizing healthy meats and fresh vegetables, and her recipes are included here. Unforgettable is a delight for those who know and love Paula Wolfert's recipes, but will be a delicious discovery for those who love food, but have not yet heard of this influential cookbook writer and culinary legend.

## Book Information

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Every serious food person knows that Paula Wolfert changed our world, but in this book we learn what a fascinating time she had while she was doing it. Part biography, part cookbook, part history, *Unforgettable* introduces our greatest cookbook writer to the wider audience she deserves. There has never been a book quite like this one. •Ruth Reichl *Unforgettable* is the story of the exacting, passionate, genuine, driven and indefatigable Paula Wolfert, the ultimate expert on the cooking of the Mediterranean. Emily Kaiser Thelin's well-written and poignant narrative recounts the tale of this true pioneer of American culinary history. •Jacques Pepin

Emily Kaiser Thelin is a writer, editor, and former restaurant cook. A two-time finalist for James Beard awards, and a former editor at Food & Wine, her work has also appeared in Oprah, Dwell, the New York Times, the Wall Street Journal, and the Washington Post. For five years during and after college Emily worked as a professional chef: as a prep cook in London, a private chef in France, and a line cook in Washington, DC.

Paula's brother loaned me his copy and I fell in love and ordered this for myself. Love the book and the seller shipped quickly and in perfect condition!!! AAAA++++

Fantastic book. The biography tells amazing stories leading up to each recipe section. Every recipe I've made has been incredibly delicious.

An loving review of a great cooking career. The recipes throughout are very well chosen.

Wonderful book filled with many great recipes and life stories from this remarkable person.

wonderful reading-great recipes I now use this as a favorite cookbook

Great cookbook and stories by a really terrific cook!

Paula Wolfert is the authority on Moroccan food

I cannot tell you how much I LOVE this book! So well written. Love the stories, the recipes, the beautiful photos. This needs to be a bestseller.

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